

# OUR LIVES OUTSIDE OF MUSIC

## SSO MAKANSUTRA

Where do SSO musicians go for meals after concerts and rehearsals? CINDY LIM finds out that like true blue Singaporeans, SSO musicians have a passion for good food. And there is no better place than Singapore to work those taste buds after an inspirational (or grueling) session of music making. In this special feature, we reveal and fill you in on some of the favourite eating hangouts of our musicians and *BraviSSimO!* staff. Great food does not necessarily mean burning a hole in your pocket!

### Alex's Eating House

This humble Beach Road kopitiam (opposite Shaw Towers) dishes out succulent roast duck, BBQ pork, and sees big lunchtime crowds. For pre-concert dining only.

Spotted here: Chan Yoong Han, Shui Bing, Yang Shi Li, Okko Kamu

### Crystal Jade Seafood Kitchen (Holland Village)

This branch of the successful Cantonese chain of restaurants on Lorong Mambong is a favourite with musicians, especially after Open Air concerts at the Botanic Gardens. Open till very late.

Spotted here: Chan Yoong Han, Chan Wei Shing, Ernie Tan, Foo Say Ming, Lim Shue Churn, William Tan



At Crystal Jade (Holland Village): Lim Shue Churn, Chan Yoong Han, Foo Say Ming, Chan Wei Shing

### Thai Express, Esplanade

Possibly the busiest F&B outlet at Esplanade. Almost everybody comes here for its pad thai (fried rice noodles), stuffed chicken wings and green seafood curry. But beware of the pre-concert jam, or you'll be late and locked out!

Spotted here: Chan Yoong Han, Chang Tou Liang, Hoang Van Hoc, Jun Ikebe, Tan Kang Ming

### Fatty Weng Restaurant

Located in Geylang (Guillemard Road) next to the Singapore Badminton Hall, this non-air-conditioned wing is famous for its claypot liver, fried fish and oyster.

Spotted here: Chan Wei Shing, Ernie Tan, Foo Say Ming, Kong Zhao Hui, Lim Shue Churn, Wu Man Yun, Yin Shu Zhan



At Founder's: Chan Yoong Han, Tan Kang Ming

### Founder Rou Gu Cha

As its name suggests, the owner of this bak kut teh (pork rib soup) restaurant in Balestier Road invented the peppercorn version of this local delight.

Spotted here: Chan Yoong Han, Cindy Lim, Tan Kang Ming

### Swee Kee Fish Head Noodle House

This Cantonese fish head soup haven tucked away in sleepy Amoy Street (behind and parallel to Telok Ayer Street) is patronised by the likes of movie and pop stars too, whose pictures adorn its walls.

Spotted here: Chan Yoong Han, Chan Wei Shing, Cindy Lee, Hiroko Yokoyama, Hoang Van Hoc, Lim Shue Churn, Wu Man Yun



At Swee Kee: (clockwise) Chan Yoong Han, Lim Shue Churn, Hoang Van Hoc, Cindy Lee, Hiroko Yokoyama, Wu Man Yun



At Swee Kee: Chan Yoong Han, Lim Shue Churn, Wu Man Yun, Hiroko Yokoyama

### Yong's Bak Kut Teh

Just a stone's throw away from the bright lights and action of the Mohammed Sultan stretch of clubs and bars, this makes for a fast and good meal before you hit the clubs.

Spotted here: Chan Yoong Han, Tan Kang Ming, Michael Loh

Now that you know where SSO's gluttons are to be found, be sure to check these mouth-watering prospects out!